

MAY 2025

FREE Indoor Playground

Tuesdays: 9:30 to 11:30 am
1:00 to 7:00 pm

Wednesdays: 1:00 to 3:00 pm

Thursdays: 1:00 to 3:00 pm

Fridays: 9:30 to 11:30 am

* The Indoor Playground will only be open
5:00 pm-7:00 pm on Tuesday, May 27 *

Saturdays

May 3, 10, 24 & 31

9:30 am to 1:30 pm

»» Closed May 17



DID YOU KNOW??

The Indoor Playground is an **INCLUSIVE PLAY SPACE**. Children & parents with disabilities, including intellectual disabilities, are welcome. Call or visit to discuss any accommodations that may be needed.

Celebrate with us!

MATERNAL MENTAL HEALTH DAY 2025

Thursday, May 8th

- 9:00 am • Booths open
- 9:15 am • Opening remarks
- Sharing Circle, speakers, mindfulness activities, infant massage and more!
- 12:00 pm • Booths close

Hosted by the Maternal Mental Health Committee

Childminding available.
Refreshments and snacks.
Amazing local giveaways!

 Prairie North Health Plaza & Midwest Family Connections



Mothers First

Thursdays, 10 to 11:30 am
May 1, 15, 22 & 29

A weekly group for mothers of infants to connect with one another while learning about and practicing self-care.

Location: Midwest Family Connections
Childcare and transportation is available.

Registration is required.



Suite 103, 4910 - 50th Street
Lloydminster SK S9V 0Y5
306-825-5911 or toll-free: 1-866-651-5911
info@midwestfamilyconnections.ca



Paradise Valley

Three Cities
Municipal Library
310 Park Ave

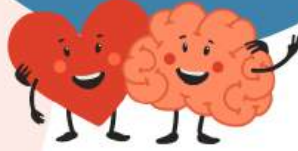
Thursdays, May 1, 8, 22, 29
from 10:30 to Noon

Wear socks or indoor shoes!

Fun activities to help children express feelings and practise social skills. Requires both parent or caregiver and child involvement. Let's play!!!

HAPPY HEARTS & KIND MINDS

Social Emotional Play
for children
0-6 years of age




POTTY TIME 101

Toilet Teaching Group

An inclusive group for children of all abilities and their parents.

LIMITED childminding spaces. Families must pre-register in order to hold a spot.

Transportation available with 24 hours notice. 

Wednesdays
9:30 to
11:30 AM

May 21
What to know
before you begin.

May 28
Getting started!



SK Rural Outreach Mobile Early Learning

Freeplay & literacy
activities, parenting
information & more!



Maidstone

Ratushniak Elementary School
220 3 St. E, Maidstone
Tuesday, May 6
from 10:00 to 11:30 am (MST)

Hillmond

Emergency Preparedness Day
Hillmond Memorial Hall
Saturday, May 10
from 10 am to 3 pm (MST)

Neilburg Library

108 Centre Street, Neilburg
Friday, May 9
from 1 to 2:30 pm (MST)

Lashburn

J.H. Moore School
Friday, May 30
from 9:30 to 11:00 am (MST)

SPARK COMMUNICATION LANGUAGE DEVELOPMENT PROGRAM

In this 6-session program, you will learn to:

- Understand your child's communication style and stage to set goals.
- Discover what motivates them to communicate.
- Follow their lead to build confidence and encourage interaction.
- Adjust daily routines to support turn-taking in conversations.
- Talk in ways that help them understand and use language.
- Use strategies during play and reading to boost learning and engagement.



WEDNESDAY EVENINGS 5:15 TO 7:15 PM
MAY 21 & 28 AND JUNE 4, 11, 18 & 25

This FREE program is designed for parents of young children (birth to 5 years of age) who have a language delay.

IF YOU ARE:

- Concerned about your child's speech & language development.
- Interested to learn together with your child and other families.
- Not sure if your child has a language delay? We can help you complete an Ages & Stages Questionnaire.

APPLY TODAY!

Positive Parenting Discussion Groups

Simple ways to build relationships & support behavior of children from 2 to 12 years old.

May 13: Developing Good Bedtime Routines

May 20: Managing Fighting and Aggression

June 3: Dealing with Disobedience

No childcare available.
Snacks & transportation provided.

Tuesdays,
6:00 to 8:00 pm
@ MFC

CALL THE OFFICE TO REGISTER!



Ages & Stages (ASQ) & Ages & Stages: Social-Emotional (ASQ:SE)

Follow your child's development and get tips to support their next steps in speech, physical abilities, social skills, problem solving and social-emotional development.

Pick up a copy at the Centre or at a program, receive a copy in the mail or access online using this QR code.

