

2024 November

FREE Indoor Playground

Tuesdays: 9:30 to 11:30 am
1:00 to 7:00 pm
Wednesdays: 1:00 to 3:00 pm
Thursdays: 1:00 to 3:00 pm
Fridays: 9:30 to 11:30 am

Saturdays

November 2, 16 & 30
9:30 am to 1:30 pm

The indoor playground will be closed Saturdays, Nov. 9 & 23



DID YOU KNOW?

The Indoor Playground is an **INCLUSIVE PLAY SPACE**. Children & parents with disabilities, including intellectual disabilities, are welcome. Call or visit to discuss any accommodations that may be needed.

2024



NATIONAL CHILD DAY CELEBRATION

Join us **Nov. 23** from
10 am to 1 pm at
Servus Sports Centre



Mothers First

Thursdays, 10:00 to 11:30 am
November 7, 14, 21 & 28

A weekly group for mothers of infants to connect with one another while learning about and practicing self-care.

Location: Midwest Family Connections
Childcare and transportation is available.

>>> Registration is required.



Suite 103, 4910 - 50th Street
Lloydminster SK S9V 0Y5
306-825-5911 or toll-free: 1-866-651-5911
info@midwestfamilyconnections.ca





Circle of Security



Virtual Sessions

A helpful guide for understanding and nurturing your child's emotional needs, while also reflecting on your own experiences and responses as a parent.

Simple ways to build a strong, trusting bond so your child feels safe, understood, and free to express their emotions. For parents of children from birth to 6.

Thursdays

Nov. 7, 14, 21 & 28
Dec. 5
6:30 to 8 pm

CALL THE OFFICE TO REGISTER!

LLOYDMINSTER BABY BUNCH & INFANT MASSAGE

- meet other parents & babies under 1 yr
- explore self-care & ways to nurture baby's development



Tuesdays, 10:00 to 11:30 AM

Nov. 5, 12, 19 & 26 Registration required

FOR COUPLES WITH CHILDREN BIRTH TO 18 MONTHS OF AGE

Adjusting to Parenting

Going through changes can be challenging, and even happy changes (like having a baby!) can bring stress. As couples adjust to life with a new baby, differences in communication can sometimes impact their relationship.

Join us for these four sessions to explore topics like communication and teamwork, handling conflict, parenting styles, the 5 Love Languages, intimacy, vulnerability, and how relationships evolve.



Limited child care spots. Register early!



Wednesdays
Nov 6, 13, 20 & 27
Supper @ 5
Group 5:30 to 7



Do you need a ride? Call us!

SK Rural Outreach Mobile Early Learning

Freeplay & literacy activities, parenting information & more!



Lashburn

J.H. Moore School
Friday, Nov. 1
from 9:30 to 11:00 am (CST)

Neilburg Library

108 Centre Street, Neilburg
Friday, Nov. 1
from 1 to 2:30 pm (CST)

Hillmond

Hillmond Memorial Hall
Wednesday, Nov. 13
from 10 to 11:30 am (CST)

Maidstone

Ratuszniak Elementary School
220 3 St. E, Maidstone
Thursday, Nov. 14
from 10:00 to 11:30 am (MST)

Paradise Hill

Community Centre
102 3rd Avenue, Paradise Hill
Wednesday, Nov. 27
from 10:30 to noon (CST)

Dewberry

Dewberry School
75 First Avenue
Wednesday,
10 to 11:30 am
Nov. 6

Fun activities to help children express feelings and practise social skills. Requires parent/caregiver & child involvement.

HAPPY HEARTS & KIND MINDS

Social Emotional Play for families & children up to 6 years of age



*please wear socks or indoor shoes

POTTY TIME 101



Toilet Teaching Group

An inclusive group for children of all abilities and their parents.

Limited childminding spaces. Families must register to hold a spot.



Transportation available with 24 hours notice.

Fridays
1 to 3 pm

NOVEMBER 15
BEFORE YOU BEGIN

NOVEMBER 22
GETTING STARTED

Ages & Stages (ASQ) & Ages & Stages: Social-Emotional (ASQ:SE)



A quick check of how your child is doing in their development with tips to support what comes next in speech, physical abilities, social skills, problem solving and social-emotional development. Pick up a copy at the Centre or at a program, receive a copy in the mail or access online using this QR code:

