

September

2024



FREE Indoor Playground

Tuesdays: 9:30 to 11:30 am
1:00 to 7:00 pm



Wednesdays: 1:00 to 3:00 pm

Thursdays: 1:00 to 3:00 pm

Fridays: 9:30 to 11:30 am

Saturdays

Sept 7, 14, 21 & 28
9:30 am to 1:30 pm



Did You Know?

The Indoor Playground is an **INCLUSIVE PLAY SPACE**. Children & parents with disabilities, including intellectual disabilities, are welcome. Call or visit to discuss any accommodations that may be needed.



TEDDY BEAR PICNIC



Tuesday, Sept. 17, 2024
9:30 am to noon

Join us in the Indoor Playground to celebrate SK ECIP Week! The Early Childhood Intervention Program (ECIP) supports families across Saskatchewan with child development, family resources and connecting to community programs & services.

Bring your Teddy or favorite stuffy for games, activities and snacks. Open to all families and their babies, toddlers & preschoolers.



Suite 103, 4910 - 50th Street
Lloydminster SK S9V 0Y5
306-825-5911 or toll-free: 1-866-651-5911
info@midwestfamilyconnections.ca



PARENTS & CAREGIVERS



Promoting Mental Health in Young Children

Handle with Care is for parents and caregivers of children from birth to six years. Session topics include:

- building trust & attachment
- building & enhancing self-esteem
- expressing emotions
- relationships with others

Hands on interactive activities and discussions.

Limited childcare available. Register early!



Wednesdays
10 am to noon
Sept 18 & 25
Oct 2 & 9



Do you need a ride? Call us!

Vermilion

Vermilion Public Library,
5001 - 49 Avenue

Tuesdays,
10:30 am to 12:00 pm
Sept 10, 17, 24 & Oct. 1

Join fun co-regulation activities that support social & emotional development. Requires both parent/caregiver and child involvement.

HAPPY HEARTS & KIND MINDS

Social Emotional Play
for children
0-6 years of age



SK Rural Outreach Mobile Early Learning

Freeplay & literacy activities,
parenting information & more!



Hillmond

Hillmond Memorial Hall
Wednesday, Sept. 11 from 10 to 11:30 am

Neilburg Library

108 Centre Street, Neilburg
Friday, Sept. 20 from 1 to 2:30 pm

Paradise Hill

Community Centre
102-3rd Avenue, Paradise Hill
Wednesday, Sept. 25
from 10 to 11:30 am

Contact
Midwest Family
Connections by
phone or email
to find out more
about upcoming
programs in a
community near you!

Mothers First



Thursdays,
10:00 to 11:30 am

September 5, 12, 19 & 26

A weekly group for mothers of infants to connect with one another while learning about and practicing self-care.

Location: Midwest Family Connections
Childcare and transportation is available.

Registration is required.



Triple P Positive Parenting Group

Learn ways to:

- strengthen parent & child relationships
- encourage growth & development
- encourage positive behaviour
- manage misbehaviour

Tuesdays,
Sept 24, and
Oct 1, 8, 15 & 22
6 to 8 pm

CALL THE OFFICE
TO REGISTER!

No childcare available.



Ages & Stages (ASQ) & Ages & Stages: Social-Emotional (ASQ:SE)

Check your child's development in speech, physical abilities, social skills, problem-solving, and social & emotional growth. Pick up a copy, receive it by mail, or access it online using this QR code:

- ✓ Celebrate your child's growth
- ✓ Learn what to expect at each stage
- ✓ Know when and where to reach out for support

