



# JUNE 2024

## FREE Indoor Playground

Drop-in play times:

Tuesdays: 9:30 to 11:30 am

Wednesdays: 9:30 to 11:30 am

1:00 to 3:00 pm

Thursdays: 1:00 to 3:00 pm

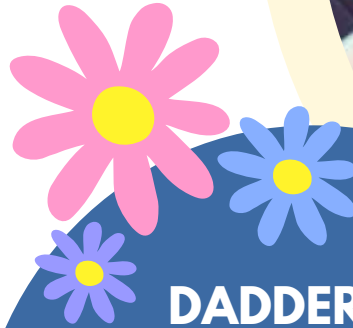
5:30 to 7:30 pm

Fridays: 9:30 to 11:30 am

Saturdays, June 1, 8 & 22

9:30 am to 1:30 pm

**Indoor Playground Closed**  
**Friday afternoons for**  
**outdoor park programs**



### DADDERDAY SATURDAY @ the MALL

**Saturday, June 15**  
**10:30 am to 12:30 pm**

**Join us for activities,  
crafts, snacks and  
giveaways!**

Calling all dads,  
grandpas, uncles  
and other male  
caregivers of  
children 0 to 6  
years of age!



## Park Play!

**Fridays**  
**1 to 2:30 pm**

June 7, 14, 21 & 28  
Barrier-Free Park @ Lakeland College

Call us for if you need help getting to the park!

## Mothers First

Thursdays, 10:00 to 11:30 am  
June 6, 13, 20 & 27



A weekly group for mothers of infants to connect with one another while learning about and practicing self-care.

Location: Midwest Family Connections  
Childcare and transportation is available.  
Registration is required.



Suite 103, 4910 - 50th Street  
Lloydminster SK S9V 0Y5  
306-825-5911 or toll-free: 1-866-651-5911  
info@midwestfamilyconnections.ca





# SK Rural Outreach Mobile Early Learning

Freeplay & literacy activities,  
parenting information & more!



## Marshall Park Program

Thursday, June 6 from 10:30 am to 12 pm  
Location: Marshall School Playground  
109-1st Street East  
Kindergarten Room as back up in case of rain!

## Lashburn

Friday, June 14 from 9:30 to 11 am  
Location: J.H. Moore Elementary School  
Kindergarten Room, 215 3 St E, Lashburn, SK

## Neilburg

Friday, June 14 from 1 to 2:30 pm  
Location: Neilburg Library, 108 Centre Street

## Dewberry

Dewberry School  
75 First Avenue  
June 4  
10 to 11:30 am

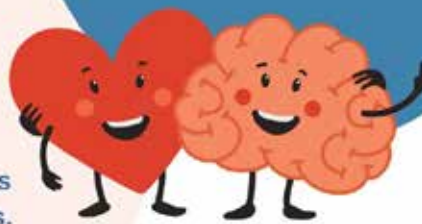
## Lloydminster

Indoor Playground  
103, 4910-50th Street  
June 6, 13, 20 & 27  
5:30 to 7:30 pm

Fun activities to help  
children express feelings  
and practise social skills.  
Requires parent/caregiver  
& child involvement.

## HAPPY HEARTS & KIND MINDS

Social Emotional Play  
for families & children  
up to 6 years of age



\*please wear socks or indoor  
shoes at both locations

# Vermilion Park Program

Wednesdays, 10 to 11:30 am  
June 12, 19 & 26  
Location: Heritage Park  
51 Avenue & 53 Street, Vermilion AB



# Nobody's Perfect Parenting Program

For Parents of Children  
from Birth to 5

Six weekly sessions to:

- talk about real-life parenting experiences,
- problem-solve with a trained facilitator &
- discover ways of positive parenting.

Limited **CHILD CARE** available.  
Register early to get a spot!

**Tuesdays**  
1 to 3 pm  
June 4, 11, 18 & 25



## SUPER DADS super kids

Dads & kids connect with each other to play and learn about child development, emotions & communication.

Wednesday, June 12  
6 to 7:30 pm



Registration  
NOT required.

## triple p parenting discussion groups

Information focuses on parenting 2 to 12 year olds

### Dealing with Disobedience

Tuesday, June 4 from 6 to 8 pm  
Registration Deadline: June 3

It is a common parenting experience to have children struggle to do what we ask them to do. Join the discussion about ways to help teach your child to accept limits and follow instructions.

### Developing Bedtime Routines

Tuesday, June 11 from 6 to 8 pm  
Registration Deadline: June 10

Children need good sleep so they have enough energy for the next day's activities. Parents also need enough sleep and some childfree time to ensure their own needs are being met. Join us to explore strategies to help develop good bedtime routines.

Virtual  
on Zoom  
REGISTER to  
get the link

## Ages & Stages (ASQ) & Ages & Stages: Social-Emotional (ASQ:SE)

A quick check of how your child is doing in their development with tips to support what comes next in speech, physical abilities, social skills, problem solving and social-emotional development. Pick up a copy at the Centre or at a program, receive a copy in the mail or access online using this QR code:

