November & December 2023

FREE Indoor Playround

Drop-in play times:

Tuesdays: 9:30 to 11:30 am

Wednesdays: 9:30 to 11:30 am

1:00 to 3:00 pm

Thursdays: 1:00 to 3:00 pm

5:30 to 7:30 pm

Fridays: 9:30 to 11:30 am

Saturdays, November 4 & 18 and December 2, 9 & 16 9:30 am to 1:30 pm

LET'S PLAY TOGETHER!









Mothers First

Thursdays, 10:00 to 11:30 am
Nov 2, 9, 16, 23 & 30 and Dec 7, 14 & 21

A weekly group for mothers of infants to connect with one another while learning about and practicing self-care.

Location: Midwest Family Connections
Childcare and transportation is available.
Registration is required.















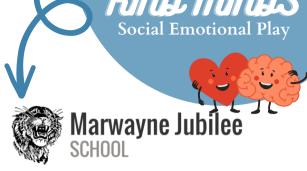
Ages & Stages (ASQ) & Ages & Stages:

Social-Emotional (ASQ:SE)

A quick check of how your child is doing in their development with tips to support what comes next in speech, physical abilities, social skills, problem solving and social-emotional development. Pick up a copy at the Centre or at a program, receive a copy in the mail or access online using this OR code:







105-2nd St., Marwayne, AB *please wear socks or indoor shoes Nov 17 & 24 and Dec 1 & 8, 9:30 to 11 AM

Join fun co-regulation activities that support social & emotional development.
Requires both parent/caregiver and child involvement.

MESSY MADNESS

Be prepared to get messy during our Dino Digs, a Jello Sensory Bin experience, a Fire Fighter Night and a snowflake play time!



Thursdays 5:30 to 7:30 pm Nov. 2, 9, 16, 23 & 30

Watch for Winter Fun on Thursdays nights Dec 7, 14 & 21

triple p teen discussion groups

Sessions are for parents & caregivers.
Tuesdays, 6:30 to 8:30 pm
@ Midwest Family Connections

Saskatchewan Outreach Mobile Early Learning



Freeplay & literacy activities, parenting information & more!

JH Moore Elementary School 215-3rd Street East, Lashburn Friday, Nov 17th & Dec 15th from 9:30 to 11 am

Marshall School, 109-1st Street East Tuesday, Nov 21st & Dec 19th from 9:30 to 11 am Nov 21: Getting Teens to Cooperate
Parents develop a plan to motivate
teens to be cooperative at home.

Nov 28: Coping with Teens Emotions
Parents discuss the reasons teens have
emotional reactions and tools to help
them calm themselves.

Dec 5: Building Teens Survival Skills Learn strategies to help teens have fun without putting their health and wellbeing at risk.

Dec 12: Reducing Family Conflict
Strategies to help parents teach teens
to resolve conflict and solve problems.



Register @ 306-825-5911 or info@midwestfamilyconnections.ca