January 2024

FREE Indoor Playround

Drop-in play times:

9:30 to 11:30 am Tuesdaus:

Wednesdays: 9:30 to 11:30 am

1:00 to 3:00 pm

Thursdays: 1:00 to 3:00 pm

5:30 to 7:30 pm

Fridays: 9:30 to 11:30 am

>>> 1:00 to 3:00 pm

Saturdays, January 6, 20 & 27 9:30 am to 1:30 pm

Friday Crafternoon & play time added for winter



INDIGENOUS

Literacy & Parenting Skills

Join us to connect with Indigenous culture, ways to support children's literacy, and parenting strategies. The topics include: self-esteem, positive discipline, storytelling & communication, and values & traditions.



Tuesdays, 1 to 3 pm

January 16, 23 & 30 February 6, 13 & 27 March 5, 12 & 19 April 9, 16 & 23

ALL parents welcome! Registration required.



Transportation available

Limited child minding spots

Snacks provided.



Thursdays, 10:00 to 11:30 am January 4, 11, 18 8 25

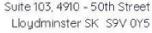
A weekly group for mothers of infants to connect with one another while learning about and practicing self-care.

Location: Midwest Family Connections Childcare and transportation is available. Registration is required.















Ages & Stages (ASQ) & Ages & Stages: Social-Emotional (ASQ:SE)

A quick check of how your child is doing in their development with tips to support what comes next in speech, physical abilities, social skills, problem solving and social-emotional development. Pick up a copy at the Centre or at a program, receive a copy in the mail or access online using this QR code:





Saskatchewan Outreach Regional Kids First

Freeplay & literacy activities, parenting information & more!

Marsden



Tuesday, Jan. 9 10:00 to 11:30 (MST) Marsden Library 104 Centre Street

Marshall



Wednesday, Jan. 10
9:30 to 11:00 (MST)

Marshall School
(in the Kindergarten room)
109-1st Street East

Maidstone Wednesday, Jan. 10 & 24
1:30 to 3:00 (MST)

Ratushniak Elementary School (in the Pre-K room), 220-3 St E

Paradise Hill Tuesday, Jan 16 & 30 10:30 to 12:00 (CST)



Paradise Hill Community Centre 102-3rd Avenue

FAMILY GAME NIGHTS



Variety of games & snacks. Free & open to all families! Thursdays, Jan 11, 18 & 25 5:30 to 7:30 pm in the MFC Education Room



Kitscoty Community Church

5014-51 Avenue

Fridays, Jan. 12, 19 & 26 and Feb. 2 10:00 to 11:30 am

Join for free playtime and fun activities to support children's social-emotional development. No registration required. Open to all families and their children birth to 6 years. Requires parent/caregiver & child engagement.

INFANT MASSAGE

- · Connect with your baby
- Learn to read their cues
- · Relieve stress for your baby & you

Wednesdays, January 17, 24 & 31 10:30 to 11:30 am

Open to all dads, moms and caregivers of babies three weeks and older.

306-825-5911

info@midwestfamilyconnections.ca

Registration required. Not able to join inperson? Call Becky to explore virtual options!



Thursdays 5:30 to 7:30 pm Jan. 4, 11, 18 & 25

Wear your pajamas and bring your favourite stuffy! Join in the games, activities & bedtime stories in the Indoor Playground.

